

THE HERALD'S PAGE FOR EVERY WOMAN

EDITED BY
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HERALDED WITH PRAISES OF BEAUTY AND GOODNESS, THE CHILDREN WILL GO TO THE JUDGES



Marion Augustin Bourdeau,
Aged six months-twin boy.

Maynard Saxby Bourdeau,
Aged six months-twin boy.

Howard Wroth Maloney,
Aged three months.

Mary Lucile Derrick,
Aged eighteen months.

William Howard Cook,
Aged ten months.

Elizabeth R. Jacobs,
Aged nine months.

Pauline Mildred Hickerson,
Aged thirteen months.

Thomas Clavel Harden,
Aged fourteen months.

HOW TO RAISE YOUR SALARY

By DOROTHY DIX.

By DOROTHY DIX.
I have received a letter from a young girl who says:
"I am a stenographer, getting a moderate salary, and would like to increase my income in some way. If I could take up some study at night which would not cost very much, I would be glad to do so. Can you advise me what I had better study so that I may be able to earn more money?"
Yes, indeed, little girl. I can advise you about a study to take up at night that will enable you to earn more money, and it is the study of stenography.
If you are getting a moderate salary for your work in an office, you may be very sure that the reason of it is that you are not worth better pay. The law of demand and supply is inexorable, and if you do not receive the highest price for your services it is simply and solely because you don't deliver the high-priced class of goods.
Quit thinking of yourself as a poor, down-trodden, unappreciated working woman, and your employer as a grinding tyrant and a growing, grumbling churl. Just try to get on the outside of yourself, and take a good, long, dispassionate look at your own work, and see if you don't think yourself that it is pretty indifferent, sloppy, hit-or-miss work.

How About It?

How fast can you take dictation? How accurate are you? How do you spell? Can you take a score of letters without making a single mistake? Can you write even a single page without making errors that you have to rub out and that make unsightly smears? Isn't your spelling of the sort to indicate that you're not even on visiting terms with the dictionary? Do you do the sort of work that your employer can trust to go out of the office without some more competent person looking over his shoulder to catch and correct your mistakes?

Oh, you say, you don't pretend to be very fast, or an expert typewriter, and you never could learn how to spell, and, of course, you make mistakes, and the typewriter will balk and buck-jump for you, and it's the place of the man higher up to catch the error when you have written ten thousand for "one thousand" in a letter, or that the goods will be shipped via Portland, Me., when they are to go by Jacksonville, Fla.

In a word, my dear little sister, you admit that you have not mastered your trade and that you turn out the most incompetent work, and yet you complain that you get a moderate salary, and you'd like to study something else to do on the side. Believe me, I give you a straight tip when I tell you that if you would make a mistake to divide your energies and interests, and that you

could earn no more money by doing two things badly than you do by doing one badly.
All that any stenographer needs to do to increase her earning capacity is to do her work better. The market is glutted with ignorant, incompetent stenographers who can neither write nor spell, who work with one eye on the clock and their minds full of vaudeville shows and beauty. They are cheap because they do cheap work, but the world is full of cheap business men who are simply achieving big salaries to the kind of stenographers that can be relied upon to do quick, accurate work.

They Concentrate.

The women who climb up in offices from assistant typewriters to being private secretaries didn't do it by taking up some other work on the outside. They concentrated on stenography and learned their own trade thoroughly.
If you want to make more money, little sister, all that you've got to do is to do your work so well that you put it in the high-priced class in the labor market. And this is true, no matter whether you are a prima donna or scrubwoman.

Did you ever stop to think why one cook gets \$2 a week and another cook gets \$10.00 a year? It's because of the difference in the quality of their cooking. One can't boil water without scorching it, or make a biscuit that isn't a deadly weapon, and the other can take a onion and a carrot and make a dish that is fit for a king. One cook has never taken the trouble to learn her trade, and the other has mastered every detail of it.
Why is it that one woman has to make dresses for \$10 or \$15 a piece, while another can get \$200 or \$300 for making a gown? Simply because the cheap woman is a bungler, and the other woman is an expert. One woman will send your dress home with the skirt hanging forty-seven different ways, with the sleeves sewed in wrong and the buttons not matching, while the other sends you back a perfect garment that it is a pleasure and a comfort to wear. One turns out incompetent work, and the other good work, and we cheerfully pay the difference in price.

The great majority of middle-aged women who are suddenly thrown on their own resources to make a living take boarders. Most of them fail at it, and the reason is because they never do their work properly. For seventeen years I lived in boarding-houses, and in all of that time I never lived in but one single, solitary home that was properly run. And that boarding-house keeper made a fortune in a few years, and has retired, and is living in luxury and ease.

We all write our own price tag, little sister. We get for our work just exactly what it is worth, and the minute you begin turning out a first-class job, you will receive a first-class price for it.

THE BORDEN BABY CONTEST CLOSES ITS DOORS TO-MORROW—THE JUDGES WILL THEN GIVE EACH PICTURE CAREFUL CONSIDERATION

Not much longer to wait.
The Borden Baby Contest closes to-morrow after a full month that has been given to the mothers of Washington and its vicinity to enter their little ones for a splendid prize.

And if every chick and child, represented by nearly 2,000 pictures, does not come out at the big end of the horn it will not be because their parents have not been good advance agents.
Hundreds of pictures have been brought to The Herald office by either the father or the mother of the baby in order that I might not miss one single point of beauty pictured by the camera man.

And this isn't all, for I have been told hundreds of times since the contest began that the goodness of the little tot far exceeded their loveliness, a fact which parents think should be taken into consideration by the judges.
Now, if the babies of Washington are better than they look, we are surely entertaining angels unwares, for you will agree with me that you have never seen so many beautiful babies as have been published.

All Pictures Will Be Published.
And these are but a sample. Those that have not yet been introduced to you through The Herald are just as lovely as the ones you have seen. You will see them all, for every baby's picture entered in the contest will be published. Of course, it was impossible to show them all to you before the contest closed, but that will make no difference with the judges. They will see them all, and when they have decided on the prize awards those that have not been in The Herald will be reserved for publication, so please, dear mother, don't let it worry you a mite if you have not yet found your little funmaker looking back at you some morning when you opened The Washington Herald. The pleasure is in store for you, and will yet be realized.
The little Bourdeau twins, introduced

Skirts Continue Narrow.

The skirts are, in the main, narrow. A few models show slightly draped effects, and there are some models in which plaits have been introduced. But, on the whole, the idea of a narrow skirt has been maintained.

The tailored suits are often in the really mannish styles. And mannish clothes are also used. These are in dark colors and rough weaves. Double faced cloths are much used. All effects are quiet.

An important feature is the preponderance of long sleeves for afternoon dresses. Practically every jacket suit has the full length sleeves. All of the waists accompanying the three-piece suits, as well as the bodices of afternoon dresses, have long sleeves.

Sometimes this lower sleeve has a slight fullness toward the elbow, which is drawn into a cuff. But there are no extreme effects in sleeves; no strutting novelty to revolutionize garment cutting. The conservative spirit governs. The desire is to make salable, wearable dresses, suits, and wraps. From their contact with so many American buyers it has been learned that too extreme and too advanced ideas are as bad for trade as anything could possibly be.

Fancy Bonbon Box.

The foundation of a very dainty bonbon box is nothing more than a small tin cracker box.

The entire outside surface has been covered with an odd piece of brocaded satin glued on perfectly smooth, lapping well over on the inside. The lid is treated in the same way and has a trellis of narrow pale green satin ribbon worked over the top and tied in a smart bow at one side. The box is lined with heavy glazed paper, pasted on right up to the edge and covering the satin that was turned in from the outside.
Such a box lined with silk or velvet would serve as a jewel case, a handkerchief box or a receptacle for any trinkets. If lined with silk, pad the bottom with a layer or two of cotton batting perfumed with a delicate scented.

Washing Lace Curtains.

For one pair of curtains, three quarts of soft water, one bar of good soap shaved and put into the water, and let almost boil; then add three tablespoonfuls of coal oil, put in curtains and boil twenty minutes; rinse in two waters; starch. One tablespoonful of pulverized starch, one tablespoonful of gum arabic, pour on three pails of boiling water. Do not let boil. Dry curtains on stretchers or pin out on sheet laid on the floor.

The best scheme for keeping centerpieces is to roll them over a pasteboard and roll about twenty-seven inches long and two and one-half or three inches in diameter, then wrap the whole in blue paper or blue cloth to keep them from turning yellow.

to you to-day, are two pictures in a group of six, three of each baby, designed to illustrate the evolution of a smile. These little boys were born on Christmas Day and the group of pictures of each begins with a serious or pleasant expression and grows into a smile.

FASCINATING SCARF MADE BY HAND

A scarf that the handy woman can make, yet which costs extravagantly to buy, is made of chiffon in a solid color, banded with lengthwise stripes of many different colors of soft satin ribbon about an inch wide and the same distance apart.

The chiffon is then veiled with black silk net, showered closely with jet, silver, gold, or steel beads in the tiniest sizes. The two fabrics are bound together by a two-inch banding of satin ribbon in black or a deeper tone of the chiffon.

The shimmering effect of the veiled colorings is beautiful and an artistic color sense may make most original combinations of coloring.
One fascinating scarf of pale rose chiffon was striped with white, baby blue, violet, pale green, maize, cerise, and several tones of rose. The black net was studded in tiny silver beads and the binding was a four-inch ribbon of silver gauze, with a floral design running through it in dull shades of rose.

An added touch to be worn with such a scarf in the evening is a bandeau made in the same way, the coloring matching.

MOLESKIN AND LYNX



Moleskin occupies a favored place in the fur world this season, and some charming models have been made with trimmings of other skins. For example, above coat is trimmed with bands of black lynx around bottom, on collar and on sleeve ends.

A Good Cement.

From my grandmother's notebook comes this recipe for making a cement to mend broken china:

Put a small bottle with ground lamp-glass and pour over it sufficient unsweetened gin to fill the bottle. Place it on the back of the stove or in a warm place, immerse in a vessel of hot water until the lampglass is dissolved, and the cement is ready for use.

FOOT GEAR FOR THE HOUSE

Nowadays foot gear is not the simple thing it used to be. It has grown in its complexity along with all the other details that go to make up a perfect wardrobe. To be really well-groomed one must consider the appropriateness of one's boots with reference to each gown, and so, too, the boudoir has claims which require one's attention.

The very name "boudoir" suggests daintiness, quaint feminine intimacies which may be either sumptuously lavish or else possess the charm of refined simplicity. All the boudoirs of the day are of the latter type.

Negligees are absolute necessities, and some of them in all the glow of shimmering fabrics touched with priceless lace, have the most fetching slippers to match. These have either very low heels or none at all, and the softness and pliancy of silk, satin, or brocade is the very essence of ease and comfort.

The toes are woven with iridescent beads that glitter and gleam beneath the frow of lace and petticoats or extravagant buckles or audacious rosettes make a pretty finish below the instep. For those less luxury loving, are shown slippers of soft leather, many hues, some in dark shades or the less practical

pasted colors. Then there is the so-called Turkish slipper, heelless with toe pointing upward, finished with a silk tassel.

Moccasins Are Popular.

Indian moccasins of soft white kid, with crude designs in color marked on the toe and fringed edges, have become quite popular as being very comfortable and easy to slip into.

Sandals of all kinds are well liked for use as bath slippers. Very inexpensive are those made from Turkish toweling with soles of plaited grass. They are bound in colored ribbons and finished at the toe with a flat bow of the same material as the slippers or rosettes of ribbon. They bear dampness very well and may be washed, if soiled. Japanese sandals are also practical footwear for the bath. They have woven grass soles and two straps of artistic stuff which cross about the ankle. One can slip into them with the greatest ease and slip them off as easily.

Satin-soled Slipper.

Very chic novelties which have just made their appearance and which can easily be copied by the woman with clever fingers are the slippers having a wadded satin sole, whose vamps are made of white linen (stiffened and lined) embroidered handsomely by hand, or those which have vamps of soft silk covered with woven raffia. These are finished with rosettes of soft ribbon and are exceedingly dainty.

There is nothing that rests one so quickly and completely as the change from a heavy walking boot to the luxury of the light house slipper, and every one should affect this change directly upon reaching their home. Each year something new in the way of boudoir and house slippers are shown, and each year they grow more besedding in their beauty of line and more bizarre in their treatment of color and material.

Boiled Dinner.

It is difficult to have a boiled dinner for two, as one does not care for it the second time, so here is a remedy: One small head of cabbage, two white turnips, three or four potatoes, two one and one-half inch thick pork chops, and two slices of bacon. Cut the cabbage so as to retain its shape and still be able to put inside of it the chops. Next put the bacon between the two chops, and tie together with white twine. After the cabbage has boiled about twenty minutes add the chops. When a little tender add the potatoes and turnips. Any left over cabbage is good fried with potatoes German style.

Dangerous Wax.

Not many persons know that the preserving wax used on jellies is highly explosive. It should be placed in a small teapot and the vessel must be only half full when ready for use. Be careful of the drip when replacing it on the stove. Several accidents this season have proclaimed its dangerous features.

LITTLE BITS OF WISDOM.

As most men seem to know just how children should be trained, it is a pity that they don't do it.

When you see how easy it is to be popular with men by flattering them, you wonder that more girls do not receive a superabundance of attention.

A girl hides a new engagement ring in such a manner as to make sure that every one will see it.

If people would only give as much serious thought to the future as they give in worrying about the past, perhaps they would get along better.

It is easy to forgive the person who hurts your feelings, but you can't help bearing a grudge against the fellow who injures your vanity.

Naturally, we disapprove of the people who are so unlike ourselves that we can't understand them.

It is usually the people for whom you try to do the most who criticize your efforts.

The fact that your friends may have the same failings will not prevent them finding fault with you for having them.

New Way to Cook Oysters

We have all had fried oysters, scalloped oysters, and oyster soup every winter since we were old enough to eat them, and we are always glad to know of some new way to prepare them.

Oyster cocktails are always nice to serve at dinners or Sunday night suppers with thin sandwiches or salt water and coffee. Cut one pint ice cold oysters into small pieces. Mix with them one tablespoonful each horseradish, vinegar, Worcestershire sauce, and tomato catsup, one-half teaspoon tobacco sauce, one-half teaspoon salt, and two tablespoons lemon juice. Put in six small glasses, or fill lemon shells or tomato cups with the cocktail mixture, and serve.

Oyster canapés are delicious. Try them. Cut ten large oysters in pieces, rejecting the hard muscles. Add to them one tablespoon each of capers and cucumber pickles, chopped, two tablespoons horseradish, and seasoning to taste. Spread this over cold toasted bread, cover with a dressing made of one-fourth cup of mayonnaise and two tablespoons Worcestershire sauce.

A new way to cook oysters is to grill them. Clean, scald, and drain two dozen large oysters. Have a griddle evenly heated; drop on it a bit of butter as large as a pea and put an oyster on it; lay on one dozen in this way, giving them plenty of room. Put on another bit of butter, and turn first oyster on that; proceed in this way for all. They must be browned quickly.
And oyster chowder is a good as well as an inexpensive way to prepare oysters. It provides a means of serving a large family with a dish of oysters at small expense. Take three slices of pickled pork, two onions, three dozen crackers (soaked), five dozen oysters, one quart milk, and season to taste; boil the pork, onions, and five sliced potatoes together until nearly done, and put into the pot the oysters, milk, crackers, and seasoning; then boil five minutes and serve.

The Proper Care of Washcloths.

After using each time, the washcloth must be thoroughly washed, well rinsed and hung up to dry. But this is not sufficient; once every week all washcloths must be sent to the laundry to be boiled, thus insuring the destroying of any germs that may lurk in the cloth. If a woman has any kind of skin disease, it is quite possible for her to infect herself after the disease has apparently become cured. Further, each member of the family should have his or her own individual towels, soap and washcloths. Aside from all sanitary questions, in a matter so intimate as the bath there is something repulsive in the thought of having your toilet articles used by any one else.

When cooking peas, squash, or other green vegetables, add a teaspoonful of sugar to each quart of water used in the boiling, which brings out the flavor of the vegetable and is agreeable, especially with young peas cooked with cream.

LILLIAN RUSSELL ANSWERS ALL QUESTIONS OF BEAUTY

English Dietary.

G. D. C.—(1) It is possible that any one wants to be plump these days, when "beautiful bones" are considered the greatest thing to be desired? Unless you have some chronic ailment, it is much easier to put flesh on than to take it off.
On arising, or while still in bed, if convenient, drink a glass of milk. For breakfast, if you are dependent upon your coffee, drink it with as much cream and sugar as possible. If you can do so without too much sacrifice, substitute cocoa, or chocolate. Make your first meal of oatmeal or any other palatable cereal, baked potatoes with butter and cream, broiling, and butter, fruit, and anything containing starch or sugar. Eggs, either boiled or poached, will be good for you. A bit of juicy steak or a broiled chop will be found strengthening.

For luncheon, you may follow your own fancy, only abstaining from tea or coffee, substituting milk, or a mineral water if you prefer, and choosing such vegetables as spinach, peas, beans, potatoes, eggplant, and green corn, in preference to cucumbers, salads, turnips, cauliflower, etc. All farinaceous foods are good for you, if you find them palatable. Eat freely of oatmeal, wheat foods, hominy, corn meal, and fruits with cream and sugar.

For dinner, you may eat soups, fish, rare meats, vegetables, sauces, entrees, sweets, and fruit. Drink milk, cocoa, or chocolate with your dinner.
Avoid all trying work or reading by artificial light. Sleep all you can. Arrange your life so that you will get the most rest for your mind and body as possible. Above all, don't worry. Don't think too much about yourself. Sleep all you can, and substitute deep breathing exercises for long walks. Get plenty of fresh air during sleeping hours.

(2) Do not believe in any internal remedy for beauty. Diet, pure air, cleanliness, and sensible cultivation of one's charms are all that are necessary

to insure to any woman a loveliness that will last as long as she lives.
Gentle massage with warm cocoa butter, round and upward along the glands will enlarge the bust. Any hard pressure tends to flatten them, so if you wear forms of any kind, they should be made as light as possible. A framework of wire or whalebone that will not press anywhere is best.

The following exercise is beneficial to develop the bust: Double your fists as tightly as you can, bringing them together in front with the arms raised so as to be horizontal. While keeping your arms on a level with your shoulders, slowly separate your fists as widely as possible.

Be sure and eat fat-making foods, sleep a good deal and don't worry. Double your bust by breathing also, will help to enlarge your bust, and singing is a splendid exercise. You never knew a great singer who did not have a large bust.

M. C. H.—See answer to G. D. C.

Brows and Lashes.

Miss D. M. H.—One ounce of yellow vaseline and eight drops each oil of lavender and rosemary. After washing the face, smooth the eyebrows carefully with an eyebrow brush upon which a drop of the tonic has been placed.

Vaseline is one of the best applications for inflamed lids and short, scant lashes. Melt a little of the vaseline, dip the point of a tiny camel's hair brush into this and rub gently along the roots. Apply the vaseline at night and allow it to relieve any soreness slowly. Be careful that not the slightest particle of the vaseline enters the eye, as oil irritates it.

Yellow vaseline is one of the best hair growers I know. I have used it for years upon my brows and lashes, and certainly can answer for its efficacy. This tonic is for your brows, but do not use it on your lashes; you will do not use it on your lashes; you will need only the yellow vaseline on them.

LILLIAN RUSSELL.

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